

Couples Counselling Retreat – With Jacqueline Hogan

Revitalise your relationship in just one weekend!

The Couples Counselling Retreat is based on my popular and proven [Save My Marriage Program](#) that's been helping couples get their relationship back on track since 2017.

It's a truly comprehensive program to give you the best possible chance of turning your relationship around and enjoying a closer and happier connection.

With the luxury of time, expert guidance, and a proven framework, you'll experience deeper breakthroughs and lasting transformation sooner.

Experience the Benefits

A New Way to Communicate: Learn how to de-escalate conflict, manage emotions, and truly listen to each other.

Together, we'll replace old patterns of criticism and defensiveness with meaningful conversations built on respect and understanding.

Restoring Trust and finding Forgiveness: Betrayal and broken trust can make you feel like there's nowhere to turn, but moving forward and finding forgiveness is possible. We'll work to process the grief, and create new standards of trust, laying the foundation for forgiveness, healing and empathy.

Deepening Your Connection: Discover your shared values, create new rituals of connection, and build a vision for a future you can both look forward to. Feel heard, supported, and truly valued by your partner again.

Releasing Resentment: Let go of the negativity weighing down your relationship. By inviting positive sentiment and kindness into your daily lives, you'll begin to see your partner in a whole new light. Feel cherished, respected, and truly loved.

Strengthen Your Connection

Together, we'll work to reduce stress and create healthy habits and balance in your relationship. Whether it's setting new, simple boundaries or practising kindness and compassion more often, you'll build a thriving relationship that's resilient to life's challenges.

Creating Fulfilment and Meaning Together

A healthy relationship is one where both partners feel seen, supported, and fulfilled. Through self-awareness and relational growth, you'll craft a more meaningful life direction and build a rewarding relationship that meets both of your needs.

The retreat delivery of the program is perfect for busy couples and parents who can carve out a block of time for their relationship.

Please get in touch for a free short chat and let me know what's going on for you. Hear how I can help and discover your next best steps.



Couples Counselling Retreat – Delivery & How it Works

While the Retreat is flexible, here's what usually works best for most couples.

- 1. Start with an initial 90-minute session, online or in-person.**
 - a. Get immediate support and talk through your relationship problems & goals.
 - b. Hear Jacqui's recommendation; Understand the pathways available to you.
- 2. Say 'Yes' to the Save My Marriage Program & retreat delivery.**
 - a. Get immediate access to the step 1 of the program.
 - b. Get immediate access to the premium members area of the website.
 - c. Complete your comprehensive Gottman assessments online
- 3. Start the program.**
 - a. Each partner has a 90-minute individual session online with Jacqui.
 - b. Together, have a 90-minute feedback session.
 - c. Prepare for your Couples Counselling Retreat.
- 4. Start your retreat at 'Casa al Mare' - 3 Russell St, McCrae.**
 - a. Hit the ground running, with all the planning and preparation behind you.
 - b. Work with Jacqui one on one, over two intensive days toward repairing your relationship and achieving your relationship goals.
 - c. Collect your Save My Marriage Program package
- 5. Follow up session online – After your retreat.**
 - a. Review and reflect on your retreat & progress toward relationship goals.
 - b. Celebrate your achievements and keep the momentum going.

If you have any questions, or would like to book your initial 90 minute session. Simply get in touch by giving me a call: [0490 458 522](tel:0490458522), or sending me an email info@jacquelinehogan.com

"Having the luxury of time is just what our relationship needed"

Retreat Duration Options & Availability

The retreat is typically held over two days but it's flexible to suit your needs. If you'd prefer a more relaxed pace for deeper reflection and connection, you can choose to spread it over three days instead.

Retreat dates are limited, and finding a time that works for both of us can be tricky. Get in touch today to check availability and secure your spot before the next dates fill up.

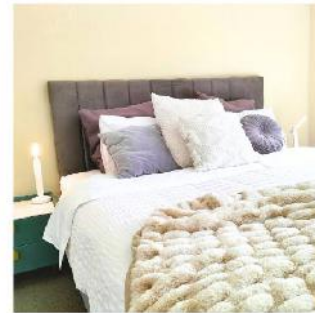
Accommodation

Our onsite accommodation is perfect for your retreat - private, spacious, comfortable, and convenient, with stunning bay views. You'll have the whole private unit to yourselves.

While a two-night stay is recommended for most couples, if you live nearby, you might prefer a one-night stay after your first day.

For couples travelling from the city or further afield, a three-night stay allows for a more relaxed pace and a deeper, rejuvenating experience. The choice is yours.

To keep things simple and fair, the price per night for our accommodation is \$250.



Investing in Your Relationship

Get started with a 90-minute discovery session for \$420 (GST Included), and walk away feeling clearer, more hopeful and confident about your next steps.

A struggling relationship costs more than money—it affects your health, happiness, and even your family. This retreat is an investment in a happier, more fulfilling future together.

There are a few ways to work with me, depending on your needs and what feels right for you. Retreat options start at \$1,897 for a Laser Focus Day and go up to our comprehensive, all-inclusive Save My Marriage Retreat at \$5,997.

If finances are a concern or you're feeling unsure, I understand. A payment plan is available, and many couples find it a great option to take the first step while managing uncertainty.

No matter where you're at, I'm here to help.

Get the Ball Rolling Today

Your first step is a free 15-minute chat to talk about what's going on and explore the best path forward for you and your relationship. Phone: [0490 458 522](tel:0490458522) or send me an email: info@jacquelinehogan.com

I hope to hear from you soon,

Kind Regards,
Jacqui.

www.jacquelinehogan.com