

My Year in Review

Describe your year in 3 words!

What was your favourite moment during the year?

What achievements are you most proud of this year?

What is my biggest lesson learned this year?

What would I do differently in hindsight?

What or who surprised me this year?

What themes do I want to focus on next year to further my success and development?

How do I feel about going into 2019?

What positive message would your 'future self' say to you right this moment?